



# Monroe DRC Update



APRIL 2021

## WELCOME



Over the past quarter, the Monroe Day Reporting Center has worked diligently to continue providing participants with our evidence-based treatment services with minimal interruption. As our staff continues to conduct classes, groups and sessions in-person and via phone and video conference, we are also gradually working to incorporate more in-person classes into our schedule. Many Monroe participants have enjoyed coming into the center more often to work with staff in-person, which I think reflects well on our staff's ability to make personal connections. This quarter, the DRC was also represented at a virtual meeting with the Northeast Louisiana Reentry Coalition and has been invited to join several committees. Finally, we are pleased to announce that this spring, we will have three to four graduates from our HiSET program for participants looking to earn their high school diploma. A virtual ceremony is planned for May 7. Thanks for reading our April update, and please stay safe!

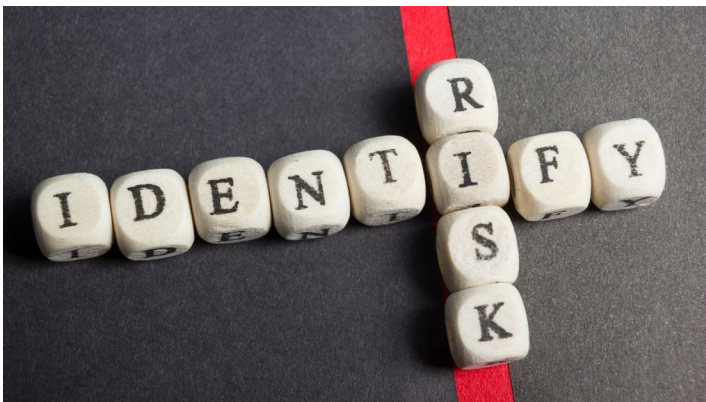
Marc Reimer  
Program Manager

## SPOTLIGHT ON... PARTICIPANT PHILLIP B.

Participant Phillip B. would recommend the Monroe DRC to others, he said, because the evidence-based treatment program has helped him work on his substance abuse issues. Phillip, who began the program in February and recently moved to Phase 2, mentioned several other classes that were also helpful, including anger management, which introduced him to new coping skills and strategies he could use to navigate situations. "It taught me good communication and about using good self-talk," said Phillip, who said he also took away important lessons from a recent mock interview session he did as part of his job readiness class. The session was designed to help participants who will be looking for jobs with practicing their interview skills and presenting themselves appropriately, so that they are more likely to be hired.



## DID YOU KNOW?



Several **dynamic and static risk factors** can help determine whether a person has a high chance of recidivism. Of the eight criminogenic needs, the static risk factor that cannot be changed is the criminal history. The seven dynamic risk factors that can be affected through treatment and intervention are antisocial attitudes, antisocial peers, antisocial personality, family, education and employment, the pro-social activities, and substance abuse needs. GEO Reentry's programs target criminogenic needs using evidence-based practices aimed at changing negative thoughts and criminal behaviors. Upon entering our program, each participant's criminogenic needs are assessed, and based on the assessment individuals are placed in classes designed to address the identified needs. Some of those classes

include substance abuse prevention and/or treatment, life skills, employment readiness, and anger management or parenting, among others. Participants are encouraged to obtain employment or receive additional educational training to reduce their dynamic risk factors.

By Wendy Dressler, GEO Care Research Analyst